AWF Board of Directors –

We are recommending the following 3 organizations for funding.

<table>
<thead>
<tr>
<th>Grant Cycle</th>
<th>Amounts Recommended</th>
<th>Organizations</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018 Promoting Women &amp; Girls Mental Health &amp; Wellbeing Grant Cycle</td>
<td>$25,000 $25,000 $25,000</td>
<td>- Families First</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- House of Dawn</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Good Samaritan Health Center</td>
</tr>
<tr>
<td>Total Funds Recommended</td>
<td>$75,000</td>
<td></td>
</tr>
</tbody>
</table>
AWF Philosophical Approach to Grantmaking
The Atlanta Women’s Foundation’s goal is to support organizations that improve the lives of economically vulnerable women and girls in Clayton, Cobb, DeKalb, Fulton and Gwinnett counties. AWF supports organizations that lift women and girls up and out of poverty by increasing their access to services and opportunities for advancement. AWF supports organizations addressing the health and education foundational issues faced by women and girls impacted by poverty in our 5-county service area. The goal of AWF is to strengthen the network of nonprofits providing effective, comprehensive services and eliminating systemic barriers impacting economically vulnerable women and girls.

The Promoting Women and Girls Mental Health & Wellbeing Project will allow AWF to provide grants up to $25,000 to nonprofits providing the most effective mental health programs to girls impacted by poverty. This funding will provide critical support to nonprofits in their efforts to enhance or expand mental health services.

AWF’s Breaking the Cycle of Generational Poverty in Metro Atlanta research report revealed that mental health is one of the most overlooked areas for women and girls impacted by generational poverty. The lives of women in generational poverty are filled with many challenges, often compounding each other. These women experience stress, grief and depression without the resources or networks in place to handle these strong emotions in the healthiest way. AWF uses the information obtained from this research to direct strategies and to help nonprofit partners and the community work more effectively. As the only funder in Georgia dedicated exclusively to women and girls, it is AWF’s role to support women- and girl-serving organizations at all levels. AWF serves as an educator, convener, and funder on critical issues impacting women and girls in the community. Since its inception, AWF has awarded more than $15 million to over 250 nonprofit organizations impacting women and girls.

Funding priority for this initiative will be given to applicants that:

- Serves teen moms
- Collaborate with the appropriate partners
- Provide high quality, effective mental health programs
- Provide wrap-around services

AWF will continue to apply a collective impact approach to the Promoting Women and Girls Mental Health & Wellbeing Project. The collective impact model involves a structured process leading to a common agenda, shared measurement, and continuous communication among the cohort. The model will bring together a diverse group of nonprofits. All of the nonprofits selected for this initiative provide wrap-around services for their clients, which is a proven and effective strategy to combat multiple interrelated issues.
Measurement of Success:
The Atlanta Women's Foundation will ensure project success by conducting regular program checks and will measure effectiveness based on the outputs and outcomes identified. AWF requires grantees to develop monitoring plans to assess outcome achievement and submit biannual reports. AWF will regularly report the findings as required, which will encompass outcomes achieved by the individual grantees and measurement against program goals.

Program Objectives:
- Increase the number of grantee partners providing mental/behavioral health services to teenage girls impacted by poverty
- Leveraging and expanding mental/behavioral health services to teenage girls.
- Developing a body of knowledge about the potential causes and solutions and to make these findings available to policy-making entities.
- Increase collaboration between private and public entities that support/provide mental/behavioral health services to teen girls impacted by poverty in Atlanta

Anticipated Outcomes:
- Increase the number of grantee partners providing services to teenage girls through the Promoting Women’s and Girls’ Mental Health & Wellbeing Project.
- Increase access to mental and behavioral health services for women and girls in Atlanta living at or below 200% of federal poverty guidelines.
- Increase the knowledge of nonprofit organizations providing services through the Promoting Women’s and Girls’ Mental Health & Wellbeing Project.
- Increase the capacity of nonprofit organizations providing services through the Promoting Women’s and Girls’ Mental Health & Wellbeing Project.

Eligible Requests
- Organizations must be invited to apply for a Promoting Women and Girls Mental Health & Wellbeing grant.
- Organizations must be a nonprofit corporation with 501(c)(3) tax status as declared by the IRS.
- Organizations may apply for program grants. The program’s client base must be at least 75% female, and the program’s primary function must be mental/behavioral health services as described in The Atlanta Women’s Foundation’s Request for Proposals. Any overhead cost that is directly related to the administration of the program is allowable.
- Organizations may apply for general operating grants. Organizations applying for a general operating grant must have a female client base that is 100%, and the organization’s primary function must be mental/behavioral health services as described in The Atlanta Women’s Foundation’s Request for Proposals.
- Applicants are eligible if at least 75% of the program’s primary clients reside in at least one of AWF’s 5-county service areas: Clayton, Cobb, DeKalb, Fulton, and Gwinnett.
- AWF’s funding for this initiative must support teen girls.
- Organizations applying for a 2018 Promoting Women and Girls Mental Health & Wellbeing grant may not apply for other 2018 AWF grants.
- Organizations must demonstrate in their mission, policies and practices a sensitivity to, and inclusivity of, women of any race, sexual orientation, disability, political affiliation, national origin, ethnicity, or religious belief.

Ineligible Requests
- Debt reduction
- Building funds
- Endowments
- Projects that require compulsory religious participation
- Any statewide or nationwide programs that do not have a local focus within AWF’s 5-county service area
- Federal, state, county or city government agencies
- Requests from individuals or private businesses
- Scholarships requested by individuals
- Fundraising projects
- Capital campaigns and expenditures including renovations, equipment, furnishings and construction
2018 AWF Grant Committee
The Grant Committee is responsible for determining the final slate of applicants and final funding recommendations to present to AWF’s Board of Directors.

- Lisa Cannon Taylor
- DiShonda Hughes, EVP of Mission
- Kari Love, CEO
- Colleen McBride
- Tish McDonald, AWF Board Chair
- Becky Powhatan Kelley
- Lativia Ray-Alston
- Becky Schmitt, Grant Committee Co-Chair
- Bentina Terry
- Jennifer Welch Hightower, Grant Committee Co-Chair

2018 Financial Review
AWF’s financial review assesses the financial health and sustainability of each grant applicant. Applicants are required to submit their most recent audit and Form 990. These items are used to rate the organization’s financial health using AWF’s Financial Review rating sheet. Applicants with financial records older than 2-years are not considered for funding. Organizations with a Poor Financial Review will not be considered for funding.

<table>
<thead>
<tr>
<th>Financial Review Scoring Chart</th>
</tr>
</thead>
<tbody>
<tr>
<td>The applicant possesses <strong>STRONG</strong> financial health and sustainability</td>
</tr>
<tr>
<td>The applicant possesses <strong>GOOD</strong> financial health and sustainability</td>
</tr>
<tr>
<td>The applicant possesses <strong>FAIR</strong> financial health and sustainability</td>
</tr>
<tr>
<td>The applicant possesses <strong>POOR</strong> financial health and sustainability</td>
</tr>
</tbody>
</table>

**Financial Review**
- Michelle Drummond, AWF Director of Finance and Operations

**Financial Review Rankings**

<table>
<thead>
<tr>
<th>Organizations</th>
<th>Financial Review Score</th>
<th>Committee Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Families First</td>
<td>Good</td>
<td>Ratio results good and good internal controls.</td>
</tr>
<tr>
<td>Good Samaritan Health Center</td>
<td>Good</td>
<td>Ratio results good and good internal controls.</td>
</tr>
<tr>
<td>House of Dawn</td>
<td>Good</td>
<td>Ratio results good and good internal controls.</td>
</tr>
</tbody>
</table>
Families First
Families First’s mission is to ensure the success of children in jeopardy by empowering families. Families First’s programs work to ensure:

- Family permanency for foster or adoptive children and youth;
- Permanent housing for families impacted by homelessness, substance abuse, mental health and co-occurring disorders;
- At healthy start for low-income moms and their babies;
- Pathways to successful co-parenting for separated, divorced, and families in transition; and
- Community based mental health counseling.

Organization Financial Information
- Annual Operating Budget: $11,595,035
- Program Budget: $420,022
- Grant Request: $20,000 Program Grant
- Funding Recommendation: $25,000

Funding Request
Families First is seeking to support to provide mental health services to TeenAge Pregnancy and Planning (TAPP) program participants. TAPP serves low-income pregnant and parenting adolescents, between the ages of 10-19, who reside in DeKalb and south Fulton counties. TAPP helps pregnant and parenting teenage girls deliver health babies, become nurturing and responsible parents, delay subsequent pregnancies, and complete their education. TAPP provides Doulas to coordinate prenatal care and provide labor, delivery and post-partum support. TAPP Counselors link teens to social services to ensure their babies’ health and basic needs are met. Counselors also provide school-based advocacy to ensure teen moms attend school and graduate on time and pregnancy prevention education. Parent Educators provide home-based parenting education.

Mental health services will help TAPP participants cope with the stress of pregnancy and parenting, while continuing to meet their education, health, parenting and income goals. The proposed mental health services will include assessing all girls for depression and other mental health conditions; referring youth to mental health services; providing individual, family and peer-based mental health interventions, monitoring youth’s progress; and providing comprehensive wrap-around support. Families Family First currently partner with CHRIS 180, Odyssey Family Counseling Center, Oak Hill and Family & Adolescent Youth Center.

Proposed Outcomes
- 60 pregnant and/or parenting teen moms will be screened for mental and behavioral health issues
- 45 pregnant and/or parenting teen moms will be referred for mental and behavioral health
- 37 pregnant and/or parenting teen moms will complete a treatment plan
- 32 pregnant and/or parenting teen moms will receive ongoing mental and behavioral health services
- 48 pregnant and/or parenting teen moms will demonstrate parental bonding
- 28 pregnant and/or parenting teen moms will have improved scores on a mental health screening tool within six-months

Demographics
Number of Women and/or Girls Served: 60 pregnant and/or parenting teen moms (ages 10-19)
Racial/Ethnic Composition: 90% African American; 6% Latina; 4% Multi-Racial
Counties served: 80% Fulton; 20% DeKalb
House of Dawn

House of Dawn provides a stable home for pregnant and parenting teen moms and their children under adult supervision. HOD also provides residents with educational opportunities and life training skills needed that are needed to become independent, self-supporting women. HOD’s Second Chance Home and Independent Living Program provides housing to young moms ages 13-21 in a congregate living arrangement. Their Transitional Housing Programs serves homeless young mothers ages 21-24 and their children in furnished apartments with oversight from HOD’s Life Coach. All programs provide a full range of services that include, but are not limited to housing stability, job readiness, parenting and life skills, educational enhancement, housing supervision, access to mental and physical health care, transportation and child care services.

Organization Financial Information

- Annual Operating Budget: $775,702
- Program Budget: $775,702
- Grant Request: $20,000 Program Grant
- **Funding Recommendation: $25,000**

Funding Request

HOD is requesting support to expand their services in the area of mental health care services. It is estimated that approximately 15% of child-bearing women suffer from prenatal mood and anxiety disorder (PMADs); without proper treatment, these illnesses can have a long-term negative effects on not just the mother, but the child and family as well.

Funds requested would assist with covering the following:

- Part-time Therapeutic Case Manager
- Mental health training for staff
- Mental health care assessments
- Prenatal health care screenings

The ideal result of conception is a full-term pregnancy, the delivery of a healthy baby, and a healthy postpartum period in a positive environment that supports the physical and emotional needs of the mother and baby. HOD’s Therapeutic Case Manager will provide:

- Training on maternal mental health
- Attachment and bonding
- Defining trauma and the different types
- Behavioral health interventions
- Mental health impulse control and neuro-development disorders

**Proposed Outcomes**

- 15 pregnant and/or parenting teen moms will be screened mental and behavioral health services
- 15 pregnant and/or parenting teen moms will have access to mental and behavioral health services
- 10 pregnant and/or parenting teen moms will receive mental and behavioral health services

**Demographics**

**Number of Women and/or Girls Served:** 15 pregnant and/or parenting teen moms

**Racial/Ethnic Composition:** 70% African-American; 20% Caucasian; 10% Multi-Racial

**Counties served:** 50% Clayton, 25% DeKalb, 20% Fulton, 5% Other
Good Samaritan Health Center

Good Samaritan Health Center provides affordable, quality, and comprehensive healthcare that offers an ongoing relationship with a network of dedicated healthcare professionals who address each need. Good Sam provides healthcare to the neediest in our community within the following broad areas of service: medical, dental, social, health education and mental health counseling. Good Sam is a “one-stop-shop” for families’ medical and well-being needs. Services are provided on a reduced sliding fee scale based on patient income and household size. Those who are unable to pay receive care at no charge. Good Sam provides services to all people regardless of race, age, ethnic background, religious affiliation, gender, or sexual orientation.

Organization Financial Information

- Annual Operating Budget: $3,595,887
- Program Budget: $200,000
- Grant Request: $20,000 Program Grant
- Funding Recommendation: $25,000

Funding Request

Good Sam is requesting support to provide adequate medical and behavioral health support and services to teenage girls using their integrative approach to care. Services for this population, as a part of this grant, will include prenatal care, primary medical care, and behavioral/mental health care. This grant would serve a total of 190 teenage girls by providing approximately 200 health visits (including approximately 20 mental health visits). By documenting and reporting this innovative approach and results, Good Sam will be able to share integrative approaches with other organizations to advance and benefit the health of vulnerable populations in Atlanta and beyond.

Good Sam has always offered comprehensive healthcare, however over the past year the center has taken a more integrative approach to medical and behavioral health. Good Sam now practices integrated care during their daily clinic, two days per week. Every Tuesday and Thursday morning, a fulltime counselor joins the medical team on the main level to provide consultations with patients on an as needed basis. In the past, patients would be referred to see the counselor but Good Sam found that some were hesitant to go sit in the counselor’s office or schedule the appointment at all. By having the counselor join in the patient exam room with the medical doctor during a regular visit, the patient is more apt to receiving mental health care and checkups without the attached stigma. Since this integrative concept has been expanding at Good Sam, it is now more effective to also integrate mental health care screens and check-ins in their prenatal program as well.

Funding will only be used to provide quality, medical care, prenatal care, and mental healthcare services for teenage girls. The $20,000 budget would support the salary of our counselor, any necessary psychiatry, evaluation, and indirect costs. Funding would provide 200 healthcare visits (approximately $100/visit) to teenage girls. Funding would be set up as a restricted grant.

Proposed Outcomes – Year One

- 190 pregnant teen moms will have access to mental and behavioral health services
- 100 pregnant teen moms will be screened to mental and behavioral health services
- 20 mental and behavioral health visits that will be provided through this grant

Demographics

Number of Women and/or Girls Served: 190 pregnant teen moms
Racial/Ethnic Composition: 51% Latina; 32% African American; 9% Caucasian; 2% Asian/Pacific Islander; 6% Other
Counties served: 40% Fulton; 22% Cobb; 12% DeKalb; 10% Gwinnett; 5% Clayton; 11% Other